JULIE SAWYER-LITTLE
Professional Vitae

EDUCATION:

1992 Master's of Science in Rehabilitation Science
Rehabilitation Counseling/Vocational Evaluation
East Carolina University

1989 Bachelor of Science in Occupational Therapy
East Carolina University

CERTIFICATIONS/DESIGNATIONS:

Certified Rehabilitation Counselor
Certified Life Care Planner
American Board of Vocational Experts-Fellow

LICENSURE

1990 Licensed Occupational Therapist

RELEVANT WORK EXPERIENCE

Sawyer Consulting, LLC **April 1998 - present**
Vocational Consultant
Certified Life Care Planner

- Provide rehabilitation consultation and vocational services to attorneys, insurance carriers, and employers.
- Complete vocational testing and evaluation, vocational and career counseling, labor market surveys, provide vocational expert testimony and presentations/training.
- Counsel individuals in vocational planning and provide referrals to appropriate services.
- Research and write life care plans/cost analysis, assessment, and coordination of future medical, psychosocial, and vocational needs for injured individuals.
- Coordinate and act as a liaison between the treating medical team and the injured person to determine the appropriate future medical, rehabilitation, vocational and psychological care.
- Provide vocational expert testimony in Social Security Hearings.
- Provide Job Task Analysis, Job Coaching Services, and Case Management Services.

Easter Seals Home Health– Raleigh, NC **1997-1998**
Director of Professional Relations

- Direct the development of and maintain contacts with the appropriate representatives from Health Maintenance Organizations, other managed care organizations and insurance companies to promote Easter Seal programs for business development.
- Develop bids and contracts for managed care organizations insurance companies and other potential payer sources as necessary.

- Develop in-depth understanding of different pricing strategies occurring in the home health market.
- Instrumental in restructuring the intake/referral department.
- Served as Interim Rehabilitation Supervisor until position was filled.
- Active participant and reviewer in the JCAHO preparation process.
- Develop and maintain an understanding of trends in the home health market for future positioning of the agency.

Pro Active Therapy, Inc. **May 1993 – August 1997**
Director of Industrial Services/Coordinator of Home Health Services

- Responsible for supervision of COTA/L in provision of home health services.
- Collaborate with Director of Home Health Services to ensure smooth transition of new home health contracts.
- Evaluation and treatment of pediatric patients in outpatient setting (prn).
- Responsible for coordination/development of start-up of work hardening and acute clinic to include; up-fit, layout, equipment purchase, hiring, performance reviews, weekly schedules, CEU requests, etc.
- Perform chart audits to comply with Medicare and company policy.
- Develop/implement a comprehensive upper extremity and low back programs to include: Work hardening programs on-site therapy, cumulative trauma prevention programs, back prevention programs, on-site exercise programs, and ergonomic consultation.
- Manage/supervise five work hardening clinics (statewide) to ensure consistency and quality care.
- Perform industry-based job-site analysis to provide recommendations in facilitating successful return to work of injured workers.
- Provide on-site occupational therapy services to Moen (New Bern, NC)
- Provide on-site occupational therapy services to Fieldcrest Cannon (Kannapolis, NC)
- Perform functional capacity assessments and vocational evaluations.
- Implement work hardening programs to injured workers.
- Communicate with rehabilitation specialists, insurance carriers, physicians, and attorneys regarding patient's disposition.
- Assist with vocational placement options and return to work process.
- Experience as an expert witness in disputed social security and worker's compensation litigation.
- Coordination of all conference/meeting related to marketing industry, insurance carriers, and rehabilitation specialist.
- Prepare and present proposal of services to industrial accounts for on-site services to include: on-site therapy, prevention programs, and pre-employment testing (Simpson Industries, MOEN, West Point Stevens, McClane Carolina, O'berry Center, Bridgestone/Firestone, Fieldcrest Cannon).

Nova Pro **November 1995 – August 1997**
Occupational Therapist (prn)

- Provide occupational therapy services on a prn basis (nursing home)

CMS Therapies **November 1995 – March 1996**
Occupational Therapist (prn)

- Provide occupational therapy services on a prn basis (nursing home).

Pitt Community Memorial Hospital **November 1991 – April 1993**
Lead Occupational Therapist-Industrial Program

- Coordination of work hardening programs.

Tar Heel Home Health **May 1992 – April 1993**
Occupational Therapist (part-time/prn)

- Provide occupational therapy services to patients in their home to include evaluation and treatment.

Pitt County Schools
Staff Occupational Therapist

- Provided occupational therapy services to children in the. school system of various diagnosis (learning disabled, cerebral palsy, physical and mental disabilities).

PROFESSIONAL VOLUNTEER POSITIONS

International Association of Rehabilitation Professionals
Director of Education June 2021- June 2025

International Academy of Life Care Planners
Advisory Committee Member (Standards of Practice for Life Care Planning-
4th Edition) 2020 – 2022.

International Association of Rehabilitation Professionals
Secretary-Executive Board, 2018 – 2021

International Association of Rehabilitation Professionals
Conference Planning Committee Member, 2009 – Present

International Academy of Life Care Planners
Advisory Committee Member (Standards of Practice for Life Care Planning-
3rd Edition) 2014.

International Association of Rehabilitation Professionals – Forensic Section;
Chair, 2009- 2011

International Association of Rehabilitation Professionals – Annual Conference
Chair/Forensic Chair; 2013-2014

International Association of Rehabilitation Professionals – Forensic Chair-Elect;
Chair, 2012

American Board of Vocational Expert – Conference Planning Committee
Member; 2011-2012

North Carolina Occupational Therapy Association – Vice President;
1999-2000

North Carolina Occupational Therapy Association – Treasurer;
1994-1996

PROFESSIONAL ASSOCIATIONS

North Carolina Occupational Therapy Association
International Association of Rehabilitation Professionals
International Academy of Life Care Planners
American Board of Vocational Experts

RECOGNITION AND AWARDS

President's Commendation
International Association of Rehabilitation Professions-2022

Outstanding Professional Member Award
International Association of Rehabilitation Professions-2022

PRESENTATIONS

Savage Veh, Anne, Sawyer-Little, Julie: Annual IARP Conference, New Orleans, LA "Vocational Evaluations In Family Law Cases," October 16, 2026.

Savage Veh, Anne, Sawyer-Little, Julie: Annual ABVE Conference, Santa Fe, NM "So you want to divorce work? Everything you wanted to know but were afraid to ask," March 14, 2026.

Sawyer-Little, Julie: Strategic Consideration for Retaining a Vocational and/or Life Care Planning Expert Webinar for the North Carolina Defense Attorney Association, February 18, 2026.

Savage Veh, Anne, Sawyer-Little, Julie: Annual ABVE Conference, Asheville, NC, "Domestic Law: The Good, The Bad and The Challenging", March 15, 2025.

Mingo, Amanda and Sawyer-Little, Julie: NCAJ Auto Torts Series, Raleigh, NC, "Direct &. Cross of Life Care Planner", February 14, 2025.

Savage Veh, Anne, Sawyer-Little, Julie: Carolinas Chapter of IARP Conference, Wilmington Beach, NC, "Ethics in Rehabilitation", March 21, 2024.

Sawyer-Little, Julie and Groff, April: Annual Conference-International Association of Rehabilitation Professionals, Ft. Worth Texas, "Translating Neuropsychological Results into Meaningful Vocational Recommendations", October 2022.

Sawyer-Little, Julie, Field, Timothy, McBroom-Weiss, Michelle, and Beining, Dana: Annual Conference-International Association of Rehabilitation Professionals, Ft. Worth Texas, "Forensic 101", October 2022.

Sawyer-Little, Julie, McBroom-Weiss, Michelle, Aliff, Michelle, and Truthan, Jeff: Annual Conference-International Association of Rehabilitation Professionals-Virtual, "The Fundamental of Being a Social Security Expert-The Basics to Advanced", October 2020

Sawyer-Little, Julie, McBroom-Weiss, Michelle, Aliff, Michelle, and Truthan, Jeff: Annual Conference-International Association of Rehabilitation Professionals, Portland, Oregon, "SSVE Training Fundamentals: Using Tools and Knowledge to Testify", October 2019

Panel of Experts: North Carolina Association of Defense Attorneys, Greensboro, NC "Mastering the Expert Deposition", 2018

Sawyer-Little, Julie, Carolinas Annual Conference-International Association of Rehabilitation Professionals, Greensboro, North Carolina "Forensics in Rehabilitation", March 2016

Sawyer-Little, Julie, North Carolina Advocates for Justice, Cary North Carolina "A Vocational Experts Perspective on Visual, Speech, and Hearing Limitations", March 2016

Sawyer-Little, Julie, North Carolina Advocates for Justice, Cary North Carolina "The Vocational Expert in a Social Security Case", March 2015

Sawyer-Little, Julie, Annual Conference-International Association of Rehabilitation Professionals, San Diego, California "Brachial Plexus Injuries: Putting the Puzzle Pieces Together" November 2014

Sawyer-Little, Julie, Annual Conference-American Board of Vocational Experts, Nashville, TN "Be the Strongest Link: Strengthening Forensic Testimony-Emphasis on Social Security with Implications for Other Venues" March 2014

Sawyer-Little, Julie, NC Bar Association, Cary North Carolina "Social Security Disability Claims: What You Need to Know-Vocational Experts Perspective, March 2013

Sawyer-Little, Julie, Annual Conference-International Association of Rehabilitation Professionals Charleston, South Carolina "Forensic 101 Introduction to Forensic Rehabilitation Practice" November 2013.

Sawyer-Little, Julie Annual Meeting-Paralegal Division NC Bar Association Greensboro, North Carolina "The Life Care Plan: How to Further Your Case for Mediation and Trial" May 2013.

Sawyer-Little, Julie, Annual Conference-International Association of Rehabilitation Professionals San Juan Puerto Rico "Forensic 101 Introduction to Forensic Rehabilitation Practice" October 2012.

Sawyer-Little, Julie, Worker's Compensation Fall Conference-NC Bar "Confronting Medical Issues in Workers' Compensation Claims" September 2012.

Sawyer-Little, Julie, North Carolina Advocates for Justice-SSA Seminar "View from the Vocational Expert's Chair" December 2009.

Sawyer-Little, Julie Annual Conference-International Association of Rehabilitation Professionals Memphis, TN "Dealing with Complex Hypotheticals" October 2009.

Sawyer-Little, Julie and Wittenburg, Larry Annual NOSCRR Conference San Diego, CA "Dealing with Challenging Cases: Strategies for Examination of the Vocational Expert" May 2004.

Sawyer-Little, Julie Guest Speaker-East Carolina University "Life Care Planning and Vocational Rehabilitation" April 2000.

Sawyer-Little, Julie Annual Conference-North Carolina Occupational Therapy Association Raleigh, North Carolina "Life Care Planning: What Is It and How Does It Apply to OT" October 1999.

Sawyer-Little, Julie Annual Workers Compensation Conference Chapel Hill, NC "Vocational Rehabilitation and Return to Work" June 1999.

Sawyer-Little, Julie Guest Speaker-East Carolina University "The Role of Occupational Therapists' in an Industrial Setting" April 1999.

Sawyer-Little, Julie Guest Speaker-University of North Carolina "Industrial Rehabilitation and Cast Study" March 1999.

Sawyer-Little, Julie The NCVEWAA and NCRCA Fall Training Conference Atlantic Beach, North Carolina "Early Intervention, Work Hardening, and Return to Work" November 1994.

Sawyer-Little, Julie Human Factors and Ergonomics Society Annual Meeting "Integrating Ergonomics into the Rehabilitation Process: A Multi-Disciplinary Approach for Successful Return to Work" October 1994.

Sawyer-Little, Julie ASAHP National Conference, Orlando Florida "Perceived Professional Status of Allied Health Professionals" November 1993.

Sawyer-Little, Julie Annual Conference-North Carolina Occupational Therapy Association, Asheville, North Carolina "Evaluation and Rating of Physical Disability" November 1993.

Sawyer-Little, Julie Annual Conference-North Carolina Occupational Therapy Association, Asheville, North Carolina "Expanding Payment Workshop" November 1993.

Sawyer-Little, Julie Annual Conference-North Carolina Occupational Therapy Association, Wrightsville, North Carolina "Perception of Professional Prestige in Allied Health Professionals" May 1992.

PUBLICATIONS

Sawyer-Little, Julie "Evaluation and Rating of Physical Disability" Chapter in Handbook of Pain Management-Second Edition June 1992

WORKSHOPS AND CONFERENCES

2026 International Association Rehabilitation Professionals (IARP)- Annual Conference/Symposium, New Orleans, LA.

2026 American Board of Vocational Experts (ABVE)- Annual Conference, Santa Fe, NM

2025 International Association of Rehabilitation Professionals (IARP)-Annual Conference, Orlando FL

2025 Life Care Planning Rebuttal Workshop (New York, NY)

2004, 2006, 2022, 2025 Life Care Planning Summitt (Various Locations)

2025 American Board of Vocational Experts (ABVE)-Annual Conference, Asheville, NC

2024 International Association of Rehabilitation Professionals (IARP)- Annual Conference, San Francisco, CA

2023 International Association of Rehabilitation Professionals (IARP)- Annual Conference, Washington, DC

2022 International Association of Rehabilitation Professionals-Annual Conference Ft. Worth, Texas

2021 International Association of Rehabilitation Professionals-Annual Conference-Virtual

2020 International Association of Rehabilitation Professionals- Annual Conference-Virtual

2019 International Association of Rehabilitation Professionals-Annual Conference, Portland, Oregon

2018 International Association of Rehabilitation Professionals-Annual Conference, Charlotte, North Carolina

2001-2017 International Association of Rehabilitation Professionals-Annual Conference (various locations)

2004, 2007, 2009, 2011, 2014, 2017; Annual Conference-American Board of Vocational Experts (various locations)